



Zhang Zhongjing (150 - 219 AD)
famous for traditional Chinese medicine.

His book *Treatise on Exogenous Febrile and Miscellaneous Diseases* laid a foundation for development of clinical medicine in China.

Classical Cultural China

Classical Cultural China



China, one of the four oldest civilizations in the world, has a written history of 4,000 years and boasts rich cultural relics and historical sites.

Inventor of compass, paper, gunpowder and printing. The Great Wall, the Grand Canal and the Karez irrigation systems are three great ancient engineering projects built 2,000 years ago. Now they are the symbols of the rich culture heritage of the Chinese nation. China has gone over a long history of primitive society, slavery society, feudal society and semi-feudal semi-colonial society and the present socialist society.

Let us take you to one of the most exciting tours to experience this beautiful land of China

Itinerary:

Day 1 : Arrive Hong Kong, transfer to hotel, rest of the day is at leisure. Overnight Hong Kong

Day 2 : Experience Hong Kong. Half day Island tour including tram ride to famous Victoria Peak and Aberdeen, famous harbour of Chinese junks. Overnight Hong Kong

Day 3 : One hour train trip to Guangzhou to visit Chen Clan temple and Qingping market. Afternoon airport transfer. Fly to Shanghai, China's boomtown for overnight and dinner.

Day 4 : Visit Shanghai Museum, famous for Chinese art. Take a harbour cruise of China's great and famous port. Old Shanghai fuses with a very modern city with a skyline of spectacular skyscrapers. Walk along the river promenade Bund followed with lunch at the Green Wave Pavilion. Afternoon city walkabout in Shanghai's famous shopping Nanjing Road. Overnight train to Beijing, China's capital city.

Day 5 : Arrive in Beijing and transfer to hotel. Visit the world-famous Tiananmen Square, the largest square in the world. The Square of Heavenly Peace and enchanting Summer Palace, one of China's largest and best-preserved imperial gardens. Overnight in Beijing after a famous Beijing Roast Duck dinner.

Day 6 : Visit Imperial Palace, also known as the Forbidden City and symbolizes Imperial and traditional China. Meet Rickshaws in the old town and visit children's home and kindergarten. Then Temple of Heaven, place where emperors of Ming and Qing dynasties worshipped and prayed for peace and harvest. Visit world famous Beijing Opera. Overnight and dinner in Beijing.

Day 7 : Highlight - Visit to The Great Wall, symbol of Chinese civilization. On the way back to the city visit a Lama Temple. Rest of day is at leisure. In the evening proceed to station to take overnight train to Xian with dinner on board.

Day 8 : Arrive in Xian in the morning. This city is famous for its old Chinese dynasties and art. A visit to Old City Wall and Wild Goose Pagoda. Overnight and dinner in Xian

Day 9 : Begin today with a once-in-a-lifetime viewing of extraordinary 2,200 year old Terracotta Warriors of China's first Emperor, Qin Shihuang. In the afternoon visit Shaanxi History Museum, best of its kind in China. The city is known for its strategic position and start of famous Silk Road. The rest of the day is at leisure. Overnight and dinner in Xian.

Day 10 : Fly to Guilin, one of Chinas most beautiful cities. Visit Reed Flute Cave and Fubo Hill, for a superb panoramic view of Guilin and Seven Star Park with huge caverns and charming pavilions. Guilin is known for typical Chinese fairy tales. Country side around Guilin, an inspiration for poets and painters. In the evening visit a famous market. Overnight and dinner in Guilin.

Day 11 : Full day tour to Longshen, with a visit the mountain rice terrace and minority village before return to Guilin in the late afternoon. Overnight and dinner in Guilin.

Day 12 : Today cruise on the Li-river with lunch on the boat. During the cruise, experience a lovely view of extraordinary limestone peaks. Painters call the Li-River scenery, hundreds of kilometers of painting. Afternoon coach transfer to airport. Flight to Hong Kong. Transfer to hotel. Overnight in Hong Kong.

Day 13 : Transfer to Hong Kong International Airport for your return flight.

End of an exciting tour throughout China.

Rates: (per person sharing)

USD \$ 1680 : Sept-Oct

USD \$ 1750 : Mar16 – Aug 31, Nov 01-15

USD \$ 1840 : Nov16 - Mar 15

Single Supplement on request

USD \$ 360 : Sept-Oct

USD \$ 420 : Mar16-Aug 31, Nov 01-15

USD \$ 480 : Nov16-Mar15

Prices include the following

- * Flight Guangzhou/Shanghai, Xian Guilin/Hong Kong
- * Train tickets Shanghai
- * Beijing / Xian 1st class (4 pax in one cabin)
- * Hotel accommodations at good 3-4 star hotels with daily American breakfast
- * Sightseeing, excursions, entrance fees
- * Meals as specified
- * A/C coaches during the tour
- * Local guiding services

NOT INCLUDED

- * Flight to and from Hong Kong
- * Tips
- * Personal expenses such as laundry, telephone, any beverages, insurances
- * Personal medical travel insurance cover.
- * Visa Fees
- International Airfares

© **Breath of Africa 2009/2010**



Shanghai – Beijing

